

Time To Dress Up

Alzheimer's and I have learned a lot of new information about alternative methods of treatment that can be used to treat symptoms of Alzheimer's and other dementia. For example, instead of having to get surgery or consuming medications and chemicals, I found many other organic ways to treat symptoms of dementia such as music therapy, exercise, therapy, meditation, and a better diet. All of these have proven to be extremely beneficial to a person suffering from dementia and not only help to lessen the severity of the symptoms they face, but it also helps to improve the lifestyle of the patients and develop and maintain healthy habits that will improve other aspects of their life and help them in the long run as well. Continuing my research, I would like to look at the other benefits these alternative forms of treatment have on a person's health. This week, we will be having our Business Symposium where we will get to meet professionals from a lot of different backgrounds and fields and we will get an opportunity to talk to them and interview them to hopefully learn new information useful to my research. I am a little nervous, but also excited, to have a one-on-one conversation with the professionals and to interview them, but I have been preparing well and I think that I am ready and confident to talk to them and present myself in a professional manner.